



PINCHBECK 10k RUN 2013

By Spalding Tri Club



POSITION	RACE NO	FIRST NAME	SURNAME	CATEGORY	CLUB	TIME
1	741	Ben	Livesey	M	Birchfield Harriers	00:31'50"46
2	795	John	Pike	M	Newham & Essex Beegles	00:32'42"43
3	721	Iain	Bailey	M	Sleaford Town Runners	00:33'35"84
4	794	Adam	Birch	M	Nene Valley Harriers	00:34'09"46
5	702	Greg	Southern	M40+	Sleaford Town Runners	00:35'03"68
6	743	John	Nash	M	Nene Valley Harriers	00:35'55"65
7	804	Matt	Blunden	M	Sleaford Town Runners	00:36'04"65
8	803	Lance	Hemmings	M40+	Nene Valley Harriers	00:36'34"72
9	790	John	Manlow	M40+	Ely Runners	00:36'38"65
10	796	Andrew	Taylor	M	Sleaford Town Runners	00:36'52"72
11	740	Josh	Coles	MU18	Corby AC	00:37'03"28
12	754	Samuel	James	MU18	Sleaford Striders	00:37'20"11
13	817	Chris	Mooney	M40+	Nene Valley Harriers	00:37'25"50
14	680	Matt	Lauch	M	Yaxley Runners	00:37'29"37
15	753	James	Mogridge	M	Yaxley Runners	00:37'34"31
16	736	Rebecca	Hall	F	Corby AC	00:37'41"78
17	726	James	Skinner	M	Stamford Striders	00:38'05"40
18	673	Nick	Poncia	M	N/A	00:38'07"24
19	704	Duncan	McGrory	M40+	Grantham AC	00:38'07"56
20	822	Sean	Beard	M40+	Nene Valley Harriers	00:38'20"00
21	730	Mike	Morley	M	Yaxley Runners	00:38'34"72
22	809	Mark	Popple	M	Stamford Striders	00:38'43"09
23	800	James	MacDonald	M	Nene Valley Harriers	00:38'47"52
24	802	Olly	Slater	M	Nene Valley Harriers	00:38'55"75
25	760	Sian	Thomas	F	Chiltern Harriers	00:39'09"31
26	792	Tony	Gilbert	M40+	Bourne Town Harriers	00:39'12"12
27	733	Mick	Howells	M40+	Bourne Town Harriers	00:39'32"46
28	723	David	Stacey	M40+	N/A	00:39'40"21
29	707	Andy	Gregg	M40+	PACTRAC	00:39'57"21
30	696	Michael	Baxter	M	Sleaford Town Runners	00:40'18"12
31	738	Nick	Wells	M40+	Stamford Striders	00:40'27"24
32	828	Gareth	Williams	M	N/A	00:40'34"86
33	810	Reg	Allen	M40+	Thorney Running Club	00:40'42"59
34	785	Grace	Mullins	F	Nene Valley Harriers	00:40'44"12
35	756	Chris	Bafe	M	Sleaford Town Runners	00:41'10"00
36	793	Ruth	Jones	F	Nene Valley Harriers	00:41'15"68
37	783	Alan	Hayes	M40+	N/A	00:41'46"43
38	734	Joe	Howells	M	Bourne Town Harriers	00:42'15"78
39	806	Andy	Wheatley	M40+	N/A	00:42'16"09
40	727	Maggie	Skinner	F	Stamford Striders	00:42'21"84
41	812	Clint	Sawyer	M	N/A	00:42'52"15
42	771	Hugh	Burton	M40+	Yaxley Runners	00:42'52"56
43	762	Dave	Aust	M40+	Stamford Striders	00:42'53"81
44	747	Ian	Vallance	M	Yaxley Runners	00:42'55"52
45	687	Scott	Jones	M	Grantham Running Club	00:43'02"24
46	722	Christopher	Armstrong	M40+	Grantham Running Club	00:43'02"55
47	788	Andrew	Pask	M	Grantham Running Club	00:43'12"24
48	728	Neil	Bason	M40+	Yaxley Runners	00:43'12"62
49	778	Paul	Weigand	M40+	Fenland Running Club	00:43'13"15
50	763	Colin	Ferguson	M40+	Fenland Running Club	00:43'15"46
51	776	Vicky	Old	F35+	Stamford Striders	00:43'27"71
52	798	Laura	Grimer	F35+	Nene Valley Harriers	00:43'37"24
53	825	David	Babbs	M40+	Stamford Striders	00:43'48"17
54	801	Dean	Longman	M	Yaxley Runners	00:43'49"65
55	744	Brian	Kearsey	M40+	Stamford Striders	00:43'51"50
56	700	Emils	Brenco	M	N/A	00:44'04"59
57	824	Calvin	Searle	M40+	Werrington Joggers	00:44'07"81
58	819	Steve	Harknett	M40+	N/A	00:44'25"81
59	758	Karl	Brown	M40+	Sleaford Town Runners	00:44'27"21
60	805	Katja	Brausto	F	Sleaford Town Runners	00:44'31"28
61	791	John	Shaw	M40+	Fenland Running Club	00:44'45"46
62	751	Edward	Behl	M40+	N/A	00:44'47"99
63	813	Andrew	Fisher	M	Stamford Striders	00:44'50"71
64	831	Catherine	Payne	F35+	Grantham Running Club	00:44'54"55
65	799	Colin	Apps	M40+	N/A	00:44'58"46
66	710	Jeremy	Green	M40+	Werrington Joggers	00:45'07"59
67	777	David	Old	M	Stamford Striders	00:45'14"68
68	761	Dean	Baines	M	N/A	00:45'24"74
69	708	Nick	Pearson	M40+	Eye Community Runners	00:45'27"90
70	787	Jaroslav	Nijak	M	N/A	00:45'31"96
71	720	Penny	Hodges	F35+	Grantham Running Club	00:45'37"43
72	823	Paul	Dunkley	M40+	N/A	00:45'44"96
73	838	Ray	Dowland	M40+	Nene Valley Harriers	00:45'53"71
74	683	Peter	Downing	M40+ W	N/A	00:45'56"72

75	712	Paul	Atherfold	M40+	Yaxley Runners	00:45'58"12
76	676	Nicholas	Smith	M40+	Stamford Striders	00:46'04"00
77	830	Robert	McArdle	M40+	Gramtham Running Club	00:46'07"87
78	784	Anton	Gaches	M40+	N/A	00:46'08"28
79	724	Scott	Dutton	M40+	Skegness Coasters	00:46'14"65
80	690	Andrew	Duffin	M	Stamford Striders	00:46'26"24
81	709	Alexander (Sandy)	Telfer	M40+	Sleaford Striders	00:46'56"24
82	839	Louise	Blake	F35+	Nene Valley Harriers	00:46'59"02
83	678	Natasha	Johnson	F	Yaxley Runners	00:47'18"87
84	716	Robin	Ball	M40+	Bourne Town Harriers	00:47'26"65
85	729	Peter	Whitwood	M40+	Stamford Striders	00:47'35"84
86	686	Martin	Kennedy	M	N/A	00:47'51"12
87	789	Emma	Marshall-Telfer	F35+	Sleaford Striders	00:47'58"43
88	692	Martin	Jackson	M	N/A	00:48'27"99
89	821	Bill	Chadwick	M40+	N/A	00:48'53"18
90	820	Susan	Manning	F35+	Bourne Town Harriers	00:48'53"74
91	755	Andrew	Sear-Bligh	M40+	N/A	00:49'04"15
92	711	Richard	Houghton	M	Bourne Town Harriers	00:49'10"46
93	840	Paulina	Zub	F	Fenland Running Club	00:49'15"18
94	689	Amy	Williamson	F	Stamford Striders	00:49'32"62
95	739	David	Prissick	M	N/A	00:49'40"61
96	691	Joni	Audas	F	Stamford Striders	00:49'54"68
97	808	Algie	Audas	M40+	Stamford Striders	00:49'55"87
98	725	Lee	Nixon	M40+	N/A	00:49'56"15
99	713	Hayley	Livesey	F35+	Lincoln Tri	00:50'29"22
100	745	Karen	Lockwood	F35+	Werrington Joggers	00:50'38"18
101	732	Caroline	Robertson	F35+	Stamford Striders	00:50'44"05
102	679	Barbara	Johnson	F35+	Yaxley Runners	00:50'52"09
103	674	Caroline	Hill	F35+	Spalding Triathlon Club	00:51'00"49
104	688	Paul	McCarthy	M40+	Yaxley Runners	00:51'02"90
105	693	Kate	Peel	F	N/A	00:51'05"62
106	694	Emma	Lyon	F	N/A	00:51'05"97
107	766	Nikki	Timms	F35+	Yaxley Runners	00:51'18"62
108	699	Michael	Whaley	M40+	Stamford Striders	00:51'21"09
109	705	Anna	Thompson	F35+	Sleaford Striders	00:51'30"56
110	815	Tony	Tomlin	M40+	Boston & District	00:51'32"74
111	746	Stuart	Cox	M40+	N/A	00:52'08"49
112	832	Robert	Boothman	M40+	N/A	00:52'26"75
113	695	Mike	Blackledge	M40+	Thorney Running Club	00:52'28"37
114	779	Charlotte	Goodale	F	N/A	00:52'34"93
115	827	Rachel	Butler	F35+	N/A	00:52'44"31
116	807	Anna	Vanghan	F	Stamford Striders	00:52'48"34
117	816	Louise	Halifax	F	N/A	00:53'17"52
118	775	Nick	Newton	M40+	N/A	00:53'36"40
119	742	Alice	Grant	F	N/A	00:53'51"14
120	797	Sarah	Whatton	F	N/A	00:53'52"64
121	675	Celina	Silver	F35+	Stamford Striders	00:54'19"81
122	786	Alistair	Whitaker	M40+	Sleaford Town Runners	00:54'34"78
123	818	Mark	Thomas	M40+	N/A	00:55'01"15
124	767	Mark	Ellis	M40+	Sleaford Town Runners	00:55'06"14
125	768	Paul	Freemantle	M40+	Sleaford Town Runners	00:55'06"50
126	765	Clif	Abbott	M40+	Skegness Coasters	00:55'06"96
127	834	Susan	Patrick	F35+	N/A	00:55'08"52
128	814	Marie-Laure	Bayard	F35+	N/A	00:55'19"46
129	833	Jo	Patrick	F35+	N/A	00:55'44"43
130	749	Liz	Johnson	F35+	N/A	00:56'16"06
131	750	Nicky	Hastings	F35+	N/A	00:56'16"37
132	829	Barry	Clarke	M40+	Nene Valley Harriers	00:56'33"62
133	706	Stanley	Thornton	M40+	Sleaford Town Runners	00:57'42"56
134	772	Anthony	Cotton	M40+	BRJ Run and Tri	00:58'02"00
135	811	Adam	Richardson	M	N/A	00:58'35"81
136	701	Linda	Allard	F35+	N/A	00:58'56"09
137	735	Steven	Allard	M40+	N/A	00:58'58"46
138	769	Elaine	Allwood	F35+	Stamford Striders	00:59'32"18
139	671	Amanda	Butler	F35+	Bushfield Joggers	01:00'06"37
140	752	Michelle	Starbuck	F35+	N/A	01:00'10"59
141	757	Claire	Brown	F35+	Sleaford Town Runners	01:00'12"90
142	774	Elizabeth	Lorimer	F35+	Bushfield Joggers	01:00'36"81
143	759	Louise	McCauley	F35+	Sleaford Town Runners	01:00'59"81
144	684	Brian	Judkins	M40+	North Herts RC	01:01'19"28
145	717	Emma	Hemmings	F	N/A	01:01'21"68
146	681	Sue	Pawson	F35+	Bushfield Joggers	01:01'35"11
147	731	Lisa	Jones	F35+	N/A	01:01'51"12
148	764	Christine	Payne	F35+	N/A	01:01'51"56
149	697	Shannon	Baxter	F	Sleaford Town Runners	01:02'56"62
150	841	Nikki	Healey	F35+	N/A	01:08'43"96
151	835	Karen	Stockdale	F35+	N/A	01:08'44"36
152	748	Alison	Cooper	F35+	Bourne Town Harriers	01:09'28"06
153	837	Victoria	Bull	F35+	Bourne Town Harriers	01:09'29"87
154	836	Terri	Collett	F35+	Bourne Town Harriers	01:09'30"55
155	826	Michelle	Webster	F35+	N/A	01:09'47"87
156	718	Charmaine	Westerdale	F35+	N/A	01:12'47"28
157	682	Tyrone	Dalby	M40+	Nene Valley Harriers	01:55'33"00
999	672	Melanie	Brooks	F35+	Biggleswade AC	DNS
999	677	Kyle	Ballantyne	M	Yaxley Runners	DNS
999	685	Richard	Rockett	M	N/A	DNS
999	698	Helen	McLoughlin	F	Stamford Striders	DNS
999	703	Alan	Gray	M40+	Stamford Striders	DNS
999	714	Simon	England	M	Sleaford Town Runners	DNS
999	715	Kate	Fisher	F35+	NOTFAST	DNS
999	719	Alec	Bell	M	N/A	DNS
999	737	James	Grant MacDonald	M	Nene Valley Harriers	DNS
999	770	Algie	Audas	M40+	Stamford Striders	DNS
999	773	Emily	Foran	F35+	Sleaford Striders	DNS
999	780	Andy	Furnell	M40+	Lincoln & District Runners	DNS
999	781	Peter	Howell	M40+	Biggleswade AC	DNS

999	782	David	Earth	M40+	N/A	DNS