

Pos	Race #	First Name	Last Name	Swim	T1	Bike	T2	Run	Finish	Age	Gender	Division	Club
1	123	MAT	STEPHENSON	6:17	0:32	29:18	1:16	16:32	53:53	45	M	Veteran M	RAF TRIATHLON
2	130	NATHAN	TWEEDIE	5:25	0:52	29:57	1:25	16:59	54:37	17	M	20 & Under M	PACTRAC - PETERBOROUGH AREA COMBINED TRIATHLON CLUB
3	125	CHARLES	NELL	6:23	0:46	28:43	2:07	17:00	54:58	22	M	Senior M	RAF TRIATHLON
4	126	JAMES	FLACK	6:08	0:52	31:00	0:51	17:02	55:52	44	M	Veteran M	SOLIHULL TRIATHLON CLUB
5	119	MATTHEW	LAWES	7:22	0:46	30:58	1:20	16:03	56:28	26	M	Senior M	TRI-ANGLIA TRIATHLON CLUB
6	110	JACK	GOVER	6:49	0:43	30:20	1:13	18:48	57:52	21	M	Senior M	KINGS LYNN TRIATHLON CLUB
7	121	JAKE	BUTTERWORTH	6:43	0:46	31:52	1:25	17:12	57:56	24	M	Senior M	NORTH NORFOLK TRIATHLON CLUB
8	129	GREGAN	CLARKSON	5:52	0:51	34:19	1:19	15:56	58:14	31	M	Senior M	KINGSTON UPON HULL AC
9	112	SIMON	LIGHT	7:06	0:38	30:17	1:12	19:25	58:36	36	M	Senior M	KINGS LYNN TRIATHLON CLUB
10	115	ALAN	COLLINGBURN	6:53	1:05	32:04	1:16	18:24	59:39	58	M	Super Veteran M	RETFORD SWIM CLUB
11	105	JON	DUNDEE	7:59	0:39	32:39	1:10	17:46	1:00:11	35	M	Senior M	Stamford Tri Club
12	78	ADAM	NEWS	7:03	1:21	34:30	0:12	17:21	1:00:25	29	M	Senior M	RNRMCA
13	120	MATTHEW	SLEIGHT	5:16	1:02	34:45	1:18	18:09	1:00:29	18	M	20 & Under M	
14	128	LUCY	NELL	5:50	0:36	35:35	0:58	17:58	1:00:55	24	F	Senior F	
15	111	KEVIN	CHALMERS	6:44	0:39	32:51	1:20	19:43	1:01:15	41	M	Veteran M	ELY TRI-CLUB
16	106	CHRIS	WORKMAN	7:56	0:53	32:24	1:16	18:58	1:01:26	26	M	Senior M	KINGS LYNN TRIATHLON CLUB
17	97	SAM	FRAMMINGHAM	7:33	0:50	34:18	1:06	18:11	1:01:56	27	M	Senior M	
18	66	MATTHEW	MANN	8:59	0:43	31:25	1:03	19:57	1:02:06	38	M	Senior M	HINCKLEY CRC
19	108	BEN	SMITH	7:48	0:47	34:16	0:50	18:43	1:02:22	30	M	Senior M	KINGS LYNN TRIATHLON CLUB
20	103	GERARD	PENDER	8:14	0:45	33:21	1:13	18:58	1:02:29	44	M	Veteran M	LEEDS AND BRADFORD TRIATHLON CLUB
21	99	BEN	RICHARDS	8:15	0:53	33:16	1:58	19:03	1:03:22	35	M	Senior M	SPALDING TRIATHLON CLUB
22	69	TIM	HENSON	8:57	1:18	33:59	0:41	19:16	1:04:09	33	M	Senior M	PACTRAC - PETERBOROUGH AREA COMBINED TRIATHLON CLUB
23	51	DANIEL	GUPPY	10:03	1:14	34:06	1:13	17:58	1:04:33	33	M	Senior M	KINGS LYNN TRIATHLON CLUB
24	52	DAVID	WEBSTER	10:05	1:18	31:44	1:34	20:28	1:05:07	46	M	Veteran M	KINGS LYNN TRIATHLON CLUB
25	90	EWAN	EATON	8:19	1:06	35:37	1:16	19:16	1:05:31	40	M	Veteran M	LEICESTER TRI CLUB
26	93	STEVE	TYLER	7:30	0:46	36:46	0:52	19:41	1:05:33	32	M	Senior M	
27	37	RICHARD	WIGGINGTON	8:45	1:15	35:18	1:23	19:07	1:05:46	38	M	Senior M	BUSHFIELD JOGGERS
28	96	DAVE	NEALE	8:17	0:47	36:36	1:16	19:19	1:06:13	57	M	Super Veteran M	KINGS LYNN TRIATHLON CLUB
29	88	DAVE	GATES	8:41	0:58	34:11	0:47	22:15	1:06:51	58	M	Super Veteran M	LINCOLN TRI
30	72	ANDREW	BROWN	7:52	1:11	35:28	1:32	20:59	1:07:00	43	M	Veteran M	
31	74	DAVE	HARRIS	9:13	1:08	36:50	1:05	18:50	1:07:04	99	M	TEAM	
32	48	TOM	GEORGE	8:54	1:06	36:56	1:09	19:12	1:07:15	20	M	20 & Under M	LINCOLN TRI
33	12	IAN	KIDMAN	11:12	1:34	33:45	1:16	19:44	1:07:28	45	M	Veteran M	KINGS LYNN TRIATHLON CLUB
34	83	ED	HOLLIDAY	8:25	1:29	33:22	1:32	22:54	1:07:40	45	M	Veteran M	
35	122	WESLEY	HORNIGOLD	6:13	1:20	39:24	1:07	19:38	1:07:41	32	M	Senior M	
36	92	OLIVER	JURASCHECK	8:30	1:25	36:07	0:46	21:01	1:07:47	29	M	Senior M	
37	40	ANDREW	LAWSON	11:39	1:18	33:39	1:58	19:38	1:08:11	54	M	Super Veteran M	LINCSQUAD
38	45	STEVEN	WHITE	8:35	1:26	36:16	1:29	20:29	1:08:13	29	M	Senior M	
39	76	DANNY	KINGMAN	9:29	1:06	36:31	1:31	19:58	1:08:33	35	M	Senior M	
40	50	RICHARD	VINCENT	9:08	1:21	36:27	1:10	21:06	1:09:10	43	M	Veteran M	
41	79	MARTIN	PHILLIPS	8:52	1:23	36:25	1:18	21:48	1:09:45	49	M	Veteran M	WELLAND VALLEY TRIATHLON CLUB
42	104	OSCAR	DOYLE	7:34	0:47	37:41	1:06	23:01	1:10:06	25	M	Senior M	
43	100	NICKY	ROGER	8:18	0:49	39:06	1:12	20:47	1:10:11	42	F	Veteran F	KINGS LYNN TRIATHLON CLUB
44	36	JIM	MOSS	10:01	1:27	37:41	1:41	20:02	1:10:49	42	M	Veteran M	
45	95	NIGEL	TARRATT	8:17	1:45	38:57	1:26	20:38	1:11:00	54	M	Super Veteran M	KING'S LYNN TRIATHLON CLUB
46	44	KARL	PATTERSON	9:10	1:10	39:02	1:23	20:30	1:11:13	29	M	Senior M	KINGS LYNN TRIATHLON CLUB

47	85	SIMON	ETCHELLS	9:06	1:58	37:58	1:26	20:48	1:11:13	53	M	Super Veteran M	
48	77	PAUL	OULTRAM	8:05	1:27	41:41	1:33	18:34	1:11:19	30	M	Senior M	
49	26	CHRIS	BROWN	11:57	1:43	34:43	1:56	21:13	1:11:30	23	M	Senior M	ELY & DISTRICT CYCLE CLUB
50	81	MARK	SMITH-HUGHES	10:14	1:08	36:31	1:11	22:32	1:11:33	48	M	Veteran M	TEAM STATUSDESIGN.CO.UK
51	19	JACK	BEAVIS	10:39	1:11	35:50	1:28	22:46	1:11:52	21	M	Senior M	Notts Uni Tri Club
52	21	SEAN	SANDS	10:43	1:23	37:36	1:03	21:15	1:11:59	48	M	Veteran M	
53	71	GERALDINE	JORDAN	8:26	1:13	39:30	1:48	21:39	1:12:33	48	F	Veteran F	KING'S LYNN TRIATHLON CLUB
54	91	JANE	HOLMES	8:32	1:01	40:09	0:47	22:15	1:12:42	38	F	Senior F	KINGS LYNN TRIATHLON CLUB
55	94	STEVEN	ROBERTS	8:08	2:07	41:47	0:58	21:41	1:14:39	49	M	Veteran M	
56	34	JAMES	SNAITH	9:05	1:24	40:56	1:28	22:10	1:15:02	38	M	Senior M	
57	86	CLAIRE	DUGUID	8:30	1:31	40:10	0:48	24:06	1:15:04	33	F	Senior F	UEL
58	25	MARK	DOUGHTY	11:25	1:36	37:22	1:45	23:00	1:15:06	37	M	Senior M	DOUGHTY CAKES TRY TRI
59	70	ANNETTE	WYLD	9:10	1:18	35:31	1:37	28:05	1:15:39	49	F	Veteran F	PACTRAC - PETERBOROUGH AREA COMBINED TRIATHLON CLUB
60	80	EMMA	THOMPSON	9:29	1:43	39:00	2:31	23:01	1:15:43	36	F	Senior F	KINGS LYNN TRIATHLON CLUB
61	29	ALAN	PRING	9:29	1:42	41:34	1:28	21:37	1:15:49	26	M	Senior M	
62	102	LIZ	ASHLEY	8:21	1:06	38:41	1:22	27:05	1:16:32	31	F	Senior F	
63	39	NICK	NEWTON	9:14	1:17	40:10	1:33	24:21	1:16:34	44	M	Veteran M	
64	27	JOHN	BIDE	10:58	1:21	38:57	1:29	23:51	1:16:34	53	M	Super Veteran M	LINCOLN TRI
65	46	IAN	SACKREE	12:19	1:22	38:54	1:50	22:18	1:16:42	44	M	Veteran M	
66	87	JAMES	EATOCK	8:49	3:16	43:23	0:46	20:41	1:16:52	32	M	Senior M	
67	42	CRAIG	MCCALLUM	9:31	1:21	41:23	1:47	23:02	1:17:03	43	M	Veteran M	
68	49	ADRIAN	LOVEJOY	9:15	1:19	39:51	1:26	25:21	1:17:11	45	M	Veteran M	
69	31	JOHN	MACAULAY	10:18	1:28	42:19	1:45	21:26	1:17:14	47	M	Veteran M	
70	23	KEVIN	WHITTON	10:08	2:44	41:59	1:24	21:00	1:17:14	49	M	Veteran M	
71	38	SUSIE	BOWSER	9:58	1:22	41:21	1:17	24:22	1:18:19	40	F	Veteran F	
72	32	RUSSELL	SPINK	8:57	1:23	39:07	2:12	26:56	1:18:33	31	M	Senior M	
73	9	JASON	MASTERMAN	10:32	1:17	39:02	1:31	26:25	1:18:44	42	M	Veteran M	LINCOLN TRI
74	68	JONATHAN	PICKARD	10:51	1:51	41:19	1:40	24:22	1:20:01	46	M	Veteran M	
75	7	JAMIE	GORDON	11:50	2:05	37:06	1:55	27:25	1:20:19	48	M	Veteran M	LOUTH TRIATHLON CLUB
76	54	HELEN	PURDY	10:29	1:25	41:37	1:50	25:19	1:20:39	44	F	Veteran F	SPALDING TRIATHLON CLUB
77	33	CLAIRE	STILGROVE	9:10	1:13	43:43	1:51	24:59	1:20:54	36	F	Senior F	STAMFORD TRI CLUB
78	6	ANDY	WHEATLEY	13:59	3:34	41:05	1:46	20:32	1:20:54	46	M	Veteran M	
79	107	MARK	GASKINS	7:34	1:25	42:58	0:51	28:16	1:21:01	42	M	Veteran M	
80	15	AJ	NORMAN	11:19	1:18	41:52	1:27	25:24	1:21:19	52	M	Super Veteran M	
81	41	ABI	BREWER	10:14	1:17	42:15	1:43	26:12	1:21:39	34	F	Senior F	BUSHFIELD JOGGERS
82	22	TRACY	SHARP	12:19	1:42	42:29	1:32	24:17	1:22:18	45	F	Veteran F	
83	5	HELEN	SELLERS	11:04	1:57	45:11	1:21	23:49	1:23:21	46	F	Veteran F	
84	8	RACHAEL	WRIGHT	11:30	1:37	44:51	1:44	23:50	1:23:29	40	F	Veteran F	
85	16	PETE	RYLES	10:59	1:58	42:39	2:08	26:35	1:24:19	56	M	Super Veteran M	
86	14	TAMLIN	HEGARTY	9:33	1:47	50:38	1:14	21:42	1:24:53	37	F	Senior F	KINGS LYNN TRIATHLON CLUB
87	55	ALICE	CROSBY	9:29	1:45	47:00	1:29	26:05	1:25:46	27	F	Senior F	
88	11	ANNA	SEAMAN	10:22	1:49	47:19	1:53	24:40	1:26:02	34	F	Senior F	KING'S LYNN TRIATHLON CLUB
89	28	BARBARA	GUNN	10:52	1:11	44:48	1:48	27:32	1:26:08	47	F	Veteran F	BUSHFIELD JOGGERS
90	30	ADAM	SCANTLEBURY	11:34	1:27	44:10	1:40	27:46	1:26:35	25	M	Senior M	
91	101	LYNN	MARRIOTT	11:50	1:53	45:23	1:14	26:40	1:26:57	47	F	Veteran F	
92	43	ELLEN	CHAPMAN	11:46	1:15	43:11	0:59	31:49	1:28:59	36	F	Senior F	BELVOIR TRI CLUB
93	18	CARL	FEATHERSTONE	16:35	2:20	43:31	1:35	25:13	1:29:12	39	M	Senior M	

94	2	JIM	PARKER	14:12	1:58	43:48	1:49	29:20	1:31:04	43	M	Veteran M	LINCOLN TRI
95	10	IAN	MANN	11:19	3:25	44:07	2:49	29:38	1:31:17	63	M	Vintage M	SPALDING TRIATHLON CLUB
96	17	SAM	ELLISON	11:47	3:29	51:51	1:53	29:10	1:38:08	41	F	Veteran F	
97	84	HARRY	LANE	8:36	1:28				D.N.F	17	M	20 & Under M	SPALDING TRIATHLON CLUB
98	67	ADAM	BAILEY	8:33	1:28	36:50	1:21		D.N.F	44	M	Veteran M	KINGS LYNN TRIATHLON CLUB