



# PINCHBECK 10k RUN 2010

By Spalding Tri Club



POSITION	RACE NO	FIRST NAME	SURNAME	SEX	AGE	CLUB	TIME
19	99	Gill	Fullen	F	45	Bedford Harriers	00:37'48"03
49	149	Maggie	Purr	F	30	Stamford Striders	00:42'17"03
52	150	Sarah	Graves	F	43	Wald Vets	00:42'31"28
65	163	Briony	James	F	32	Stamford Striders	00:44'01"12
77	262	Sharon	Gallighan	F	41	N/A	00:45'32"16
83	165	Yolanda	Smith	F	37	Nene Valley Harriers	00:46'09"25
86	211	Jane	James	F	49	Sleaford Striders	00:46'15"81
90	265	Fay	Beecham	F	43	N/A	00:46'39"47
93	79	Louise	Burton	F	42	Nene Valley Harriers	00:46'51"25
101	12	Anna	Thompson	F	44	Sleaford Striders	00:47'38"79
116	172	Emma	Marshall-Telfer	F		Mablethorpe Running Club	00:48'44"06
128	230	Caroline	Upton	F	45	Nottfast	00:49'41"63
130	251	Leanne	Rickett	F	30	LDWA	00:49'54"91
133	142	Christine	Samsan	F	44	N/A	00:49'59"03
134	111	Sharon	Tolley	F	39	N/A	00:49'59"41
141	80	Justine	Edwards	F	37	N/A	00:50'38"47
143	130	Julie	Wright	F	38	N/A	00:50'55"35
145	77	Chris	Massingham	F	46	N/A	00:51'00"53
146	269	Paulina	Zub	F	30	Fenland Running Club	00:51'11"50
149	129	Donna	Bailey	F	35	Fenland Running Club	00:51'39"41
151	255	Angie	Harvey	F	49	Sleaford Town Runners	00:51'55"31
152	58	Kate	Mason	F	41	Sleaford Town Runners	00:52'23"66
153	122	Karen	Spurdens	F		N/A	00:52'27"12
154	40	Suzanne	Moon	F	33	Stamford Striders	00:52'41"65
158	112	Bindi	Brook	F	38	N/A	00:53'06"12
159	250	Helen	Randle	F	48	Stamford Striders	00:53'07"76
160	139	Heather	Coleman	F	36	N/A	00:53'10"81
161	154	Hannah	Mudge	F	26	Werrington Joggers	00:53'11"56
163	266	Joanna	Neal	F	36	N/A	00:53'24"22
164	164	Jane	Greenwood	F	55	Fenland Running Club	00:53'29"69
165	153	Rachel	Parker	F	42	Bourne Town Harriers	00:53'36"88
167	116	Diane	Thorpe	F	46	Nottfast	00:53'49"44
170	195	Sharron	Toms	F	41	Yaxley Runners	00:54'04"63
171	156	Elizabeth	Dixon	F	48	Bourne Town Harriers	00:54'14"31
172	192	Rachel	Kemp	F	37	Bourne Town Harriers	00:54'14"59
173	67	Lyn	McDonnell	F	53	Nottfast	00:54'18"94
175	98	Holly	Jaskolka	F	22	N/A	00:54'30"91
176	188	Natalie	Cole	F	37	Bourne Town Harriers	00:54'49"31
177	47	Rosslyn	Hamlyn	F	41	Werrington Joggers	00:54'52"06
178	82	Louisa	Cartwright	F	35	Stamford Striders	00:55'05"72
179	169	Kate	Nottidge	F	26	Stamford Striders	00:55'06"03
180	237	Nicolle	Grace	F	21	Bourne Town Harriers	00:55'11"85
184	205	Kelly	Shiels	F	35	N/A	00:55'39"91
186	38	Maria	Sowerby	F	55	Stamford Striders	00:55'45"22
187	252	Franceslina	Reams	F	34	LDWA	00:55'47"85
188	86	Helen	Samuel	F	37	Stamford Striders	00:55'51"22
190	60	Samantha	Cole	F	33	N/A	00:56'25"88
191	203	Natalie	Thompson	F	35	N/A	00:56'26"28
192	242	Julie	McKie	F	38	N/A	00:56'27"19
195	24	Sam	Harris	F	31	N/A	00:57'06"41
196	166	Louise	Halifax	F	29	N/A	00:57'07"76
197	137	Deborah	Sutton	F	41	Sleaford Town Runners	00:57'17"35
198	94	Claire	Abbey	F	40	Fenland Running Club	00:57'34"41
199	10	Kerry	Hudson	F	48	Fetch Everyone Running Club	00:57'34"76
200	204	Karen	Woods	F	39	N/A	00:57'35"16
202	212	Alison	Taylor	F	44	N/A	00:57'37"12
203	46	Mandy	Connor	F	46	Sleaford Town Runners	00:57'39"50
205	136	Elizabeth	Lorimer	F	48	Bushfield Joggers	00:57'50"97
206	246	Rosaline	Jackson	F	52	Louth Athletic Club	00:57'55"53
207	37	Catherine	Sheldrake	F	40	Sleaford Town Runners	00:58'05"72
208	124	Abit	Brewer	F	31	Bushfield Joggers	00:58'08"16
211	181	Sasha	Oliver	F	19	Sleaford Striders	00:58'30"50
212	103	Liz	Steadman	F	43	N/A	00:58'35"59
213	227	Belinda	Fraser	F	41	Stamford Striders	00:58'40"87
214	118	Sham	Phagoora	F	42	Yaxley Runners	00:58'41"91
215	41	Katherine	Turner	F	38	Werrington Joggers	00:59'01"60
216	202	Vivienne	Veasey	F	47	Sleaford Town Runners	00:59'16"76
218	228	Angela	McGill	F	39	N/A	00:59'18"00
220	55	Carol	Cook	F	47	Werrington Joggers	00:59'34"91
221	73	Joy	Jeyes	F	51	Werrington Joggers	00:59'35"40
223	177	Rowena	Boden	F	40	Sleaford Striders	00:59'51"50
224	134	Lisa	Ashcroft	F	43	Sleaford Striders	00:59'51"97
225	239	Maria	Yuill	F		N/A	01:00'03"41

227	141	Lynsey	Abbott	F	35	N/A	01:00'04"22
228	133	Claire	Williams	F	33	Sleaford Striders	01:00'05"85
230	171	Ellie	Betts	F	21	N/A	01:00'20"94
231	91	Kim	Bird	F	30	N/A	01:00'21"43
234	226	Frances	Rowe	F	56	Stamford Striders	01:00'59"21
235	128	Celina	Silver	F	41	Stamford Striders	01:01'02"50
238	241	Sandra	Butler	F	65	Ramsey Road Runners	01:01'53"19
240	145	Lisa	Harmon	F	34	Sleaford Town Runners	01:02'48"69
241	121	Michelle	Herd	F	41	Sleaford Striders	01:02'55"28
242	232	Gill	Harker	F	63	N/A	01:03'45"94
243	23	Micaela	Clark	F	26	N/A	01:05'52"03
244	11	Paula	Goude	F	35	Fetch Everyone Running Club	01:05'56"40
245	218	Jane	Perkins	F	41	N/A	01:06'43"10
246	89	Teresa	Huddleston	F	53	Bushfield Joggers	01:07'24"97
248	159	Helen	Popple	F	44	Stamford Striders	01:08'46"22
249	27	Andrea	Le Clair	F	30	N/A	01:08'47"00
250	32	Elaine	Allwood	F	55	Stamford Striders	01:08'49"47
251	108	Claire	Markham	F	25	N/A	01:20'25"00
253	35	Asha	Pook	F	38	N/A	01:20'40"00
999	76	Stacey	Atkins	F	30	N/A	DNS
999	9	Jessica	Dobney	F	25	N/A	DNS
999	31	Sarah	O'Brien	F	29	N/A	DNS
999	114	Tania	Terblanche	F	39	Stamford Striders	DNS
999	62	Eleanor	Baloi-Key	F	30	N/A	DNS
999	25	Emma	Stier	F	31	N/A	DNS
999	19	Bridget	Cramp	F	36	Bourne Town Harriers	DNS
999	22	Deirdre	Hawkins	F	37	Lincoln & District Runners	DNS