



PINCHBECK 10k RUN 2010

By Spalding Tri Club



POSITION	RACE NO	FIRST NAME	SURNAME	SEX	AGE	CLUB	TIME
1	15	John	Herbert	M	40	Werrington Joggers	00:32'24"06
6	182	John	Siddens	M	43	Sleaford Town Runners	00:35'28"82
13	213	Dave	Tilley	M	44	Sleaford Town Runners	00:37'11"03
16	247	Arthur	Short	M	44	Grantham Athletic Club	00:37'16"00
20	42	Vaughan	Roberts	M	52	Bourne Town Harriers	00:37'54"06
22	198	Dennis	Rainbow	M	43	Boston & District AC	00:38'39"69
25	104	Tony	Gilbert	M	45	Bourne Town Harriers	00:38'47"97
30	196	Mike	Exton	M	62	N/A	00:39'15"25
31	160	Reg	Allen	M	54	Thorney Running Club	00:39'17"12
33	110	Mike	Bullock	M	40	Noffast	00:39'27"37
36	140	David	Babbs	M	54	Stamford Striders	00:40'26"32
37	125	Anthony	Madge	M	55	Grantham Athletic Club	00:40'38"79
39	224	Barry	Warne	M	49	Nene Valley Harriers	00:40'44"00
40	84	Rodney	Hall	M	43	Werrington Joggers	00:40'51"56
43	244	Ray	Dowland	M	59	Nene Valley Harriers	00:41'22"12
44	33	Graham	Park	M	40	Sleaford Striders	00:41'38"69
45	92	Stephen	Gibb	M	47	Werrington Joggers	00:41'42"94
47	199	Keith	Brookes	M	61	Nene Valley Harriers	00:42'15"76
51	189	Andrew	Cowling	M	53	Thorney Running Club	00:42'26"19
53	222	Geoff	Howes	M	55	Thorney Running Club	00:42'40"56
54	29	Phillip	Hamlyn	M	41	Werrington Joggers	00:42'46"15
56	88	Andrew	Hall	M	45	Werrington Joggers	00:42'56"53
58	66	Christopher	McDonnell	M	51	Noffast	00:43'05"47
59	53	Charles	Bingley	M	47	N/A	00:43'10"22
60	123	Chris	Armstrong	M	44	Grantham Athletic Club	00:43'30"93
61	101	Mick	Casey	M	63	Mablethorpe Running Club	00:43'32"88
62	152	Phil	Lengthorn	M	40	Bourne Town Harriers	00:43'51"22
64	214	Shaun	Towell	M	45	Bourne Town Harriers	00:43'58"56
66	256	Julian	Smith	M	40	N/A	00:44'10"44
67	17	Anthony	Taylor	M	50	N/A	00:44'22"43
69	93	Mark	Hebden	M	43	Sleaford Striders	00:44'33"38
70	240	Brian	McLean	M	52	Bourne Town Harriers	00:44'34"52
71	45	Simon	Fairclough	M	60	Werrington Joggers	00:44'38"44
72	102	Edward	Enright	M	55	Lincoln & District Runners	00:44'56"12
73	81	Anton	Gaches	M	51	N/A	00:45'12"59
74	4	Colin	Creasey	M	50	Louth Athletic Club	00:45'19"32
75	16	Steven	Taylor	M	49	N/A	00:45'20"22
78	245	Phillip	Jackson	M	52	Louth Athletic Club	00:45'35"25
79	48	Nick	Sime	M	45	North Derbyshire Running Club	00:45'44"28
80	59	Lionel	Mason	M	48	Sleaford Town Runners	00:45'47"72
81	65	Kevin	Nankervis	M	48	Werrington Joggers	00:45'55"85
84	249	David	Lewis	M	47	Stamford Striders	00:46'11"16
87	220	Philip	Lester	M	43	Sleaford Striders	00:46'27"32
89	187	Alan	Buckberry	M	58	Sleaford Striders	00:46'37"91
91	248	Philip	Hall	M	55	Grantham Athletic Club	00:46'45"06
92	254	Paul	Freemantle	M	45	Sleaford Town Runners	00:46'47"76
94	200	Ian	Frisby	M	52	Thorney Running Club	00:46'53"63
95	207	Mike	Wright	M	45	Eye Community Runners	00:46'54"60
96	83	Robert	Smyth	M	52	N/A	00:46'57"62
98	186	Gary	Britnell	M	41	Sleaford Town Runners	00:47'04"25
99	185	Geoffrey	Clark	M	53	Louth Athletic Club	00:47'25"44
102	221	Garry	Wilson	M	47	Sleaford Striders	00:47'39"35
103	235	Roland	Stevens	M	53	Bourne Town Harriers	00:47'39"79
104	68	Nigel	Tarratt	M	51	N/A	00:47'41"25
106	209	Tony	Tomblim	M	45	Boston & District AC	00:47'44"53
107	115	John	Bainbridge	M	51	Grantham Athletic Club	00:47'48"12
108	26	Rob	Stokes	M	45	N/A	00:47'55"88
110	70	Robin	Ball	M	57	Stamford Striders	00:48'00"85
111	219	Nicholas	Pilgrim	M	52	N/A	00:48'24"12
112	135	Gordon	Orr	M	56	Stamford Striders	00:48'27"06
115	144	Jez	Power	M	44	Stamford Striders	00:48'42"69
117	158	Brian	Kearsey	M	62	Stamford Striders	00:48'50"28
118	5	Adrian	Allgood	M	46	N/A	00:48'56"50
119	175	Andy	Chamberlain	M	46	N/A	00:48'59"06
120	162	Barry	Daff	M	57	Stamford Striders	00:49'00"69
121	260	Christopher	Flintham	M	48	Maltby Running Club	00:49'02"94
122	234	Paul	Japson	M	56	Ropsley Road Runners	00:49'05"91
123	208	Norman	Gosbee	M	59	Ropsley Road Runners	00:49'14"72
129	167	Geoff	Turle	M	50	N/A	00:49'42"53
131	20	Matthew	Cramp	M	40	Noffast	00:49'57"85
132	233	Neil	Hamilton	M	74	Holme Pierrepont	00:49'58"50
135	64	Ted	Preston	M	60	Sleaford Striders	00:50'11"22
137	56	Tim	Cook	M	50	Werrington Joggers	00:50'20"10

139	215	Paul	Cross	M	57	Nene Valley Harriers	00:50'24"88
140	217	Joe	Perkins	M	40	N/A	00:50'27"50
142	74	Eric	Jeyes	M	55	Werrington Joggers	00:50'45"85
144	96	Dave	Raynes	M	56	Sleaford Town Runners	00:51'00"10
147	50	Anthony	Cotton	M	72	BRJ Huntingdon RRC	00:51'15"97
150	131	David	Williams	M	45	Thorney Running Club	00:51'42"76
156	238	Tony	Lack	M	70	Ramsey Road Runners	00:52'56"98
162	179	Chris	Hunt	M	43	Bourne Town Harriers	00:53'20"63
169	191	Steve	Hill	M	47	Bourne Town Harriers	00:54'04"06
174	194	David	Bray	M	62	N/A	00:54'24"78
181	236	David	Grace	M	55	Bourne Town Harriers	00:55'12"32
183	143	Alistair	Whitaker	M	40	Sleaford Town Runners	00:55'37"37
185	6	Michelle	Allgood	M	40	N/A	00:55'43"63
194	268	Matthew	Middleton	M	42	N/A	00:57'00"75
204	106	Nick	Meskins	M	49	Fenland Running Club	00:57'48"56
209	51	Brian	Judkins	M	55	North Herts Road Runners	00:58'10"69
217	229	David	McGill	M	47	N/A	00:59'17"25
222	231	Bob	Oakham	M	60	Noffast	00:59'36"25
232	14	Martin	Mallett	M	40	N/A	01:00'33"16
233	190	Ron	Firth	M	60	Bushfield Joggers	01:00'42"72
236	127	Nicholas	Smith	M	44	Stamford Striders	01:01'02"88
237	71	Alan	Gray	M	60	Stamford Striders	01:01'44"79
239	30	Roger	King	M	58	N/A	01:02'31"66
247	90	Danny	Huddleston	M	53	Bushfield Joggers	01:07'25"63
254	36	Abit	Buff	M	67	N/A	01:20'40"00
999	57	Iain	Cameron	M	46	Stamford Striders	DNS
999	21	Sean	Cannolly	M	41	Fenland Running Club	DNS
999	43	Stuart	Irons	M	51	N/A	DNS
999	117	Marfin	Dickenson	M	58	Noffast	DNS
999	132	Barry	Clarke	M	64	Nene Valley Harriers	DNS
999	113	Alan	Hayes	M	45	Stamford Striders	DNS